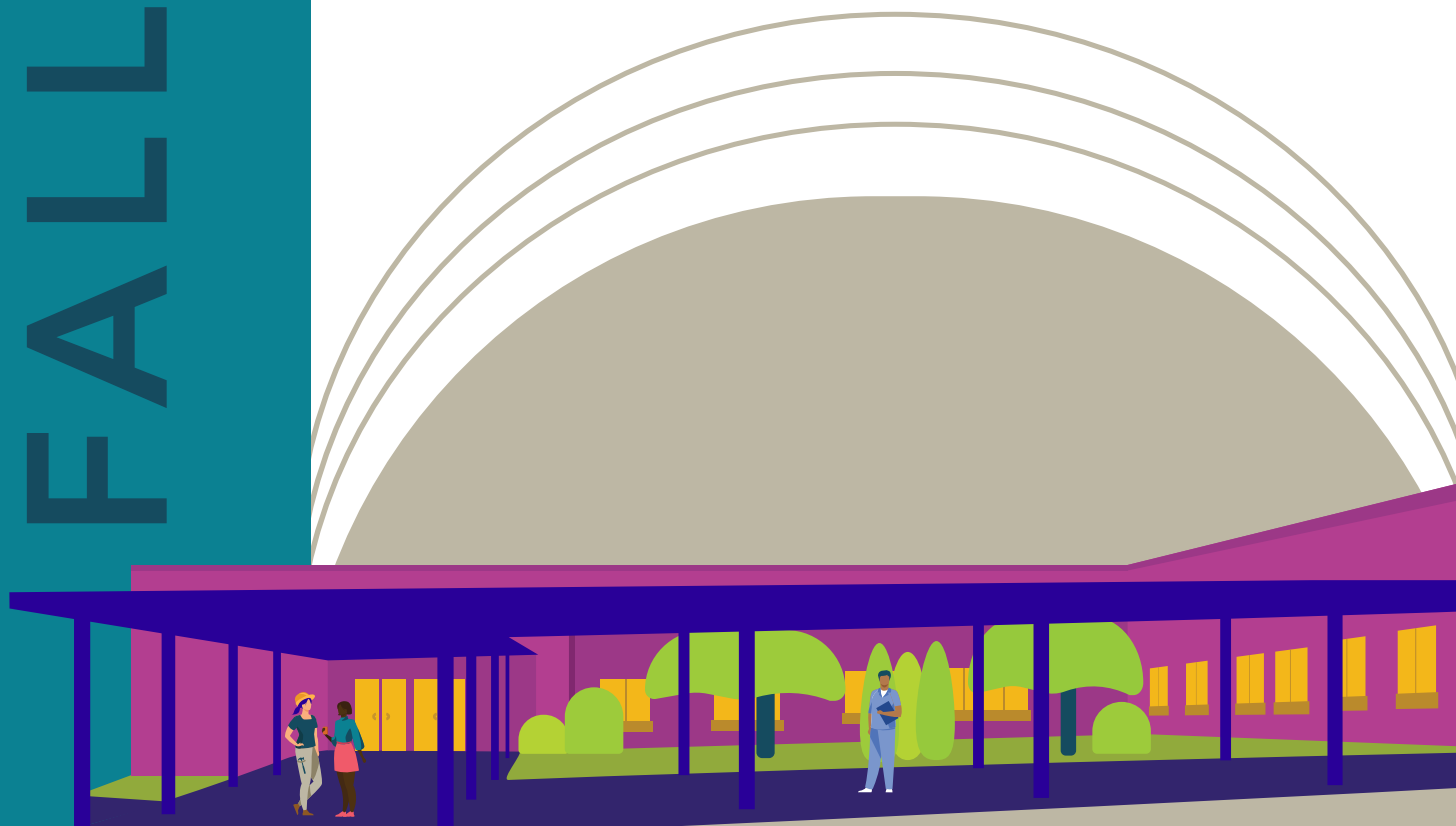


# SCHOOL OF CONTINUING EDUCATION at Montachusett Regional Vocational Technical School District

FALL



2022  
COURSE CATALOG

# POLICIES

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Career Path



National Healthcareer  
Association (NHA)

## FIRST DAY OF CLASS: WELCOME TO MONTY TECH'S SCHOOL OF CONTINUING EDUCATION (SCE)!

You should arrive ten minutes prior to the scheduled start. Only park in available, non-designated parking spaces. All students should enter through the main school entrance (across from the flag poles), and you will be greeted by a SCE representative. If your class is live remote, you will be contacted by your instructor prior to the class start time. Please check your spam or junk folder for online class instructions.

## BOOK AND SUPPLIES

Students may be required to purchase a textbook (noted in the course description). The ISBN number(s) for the text can be found on our website under the full course description. If required, a cash only supply, or material fee will be payable to the instructor the first night of class. Please remember to bring any supplies listed in the course description.

## PAYMENT PLANS

We do not offer financial aid. However, some of our courses are grant-funded for qualifying students, and most of our courses are eligible for a 0% interest payment plan. No matter how you pay, you will finish your course debt-free.

## DISCOUNTS

\*Discount does not apply to classes meeting fewer than 4 nights.

- 10% Senior Citizens.
- 10% Monty Tech Alumni & Current Faculty.
- 10% Veterans; Veterans may use their veteran education benefits to pay for several courses. SCE's billing complies with S.2248 PL 115-407 Section 103 of the Veterans Benefits and Transition Act of 2018.

## CANCELLATION POLICY

SCE reserves the right to cancel classes with insufficient enrollment, make instructor changes, or to change class schedules due to unforeseen circumstances. In the event of a class cancellation, SCE will make every effort to contact students via email or phone as soon as possible.

## REFUND/WITHDRAWAL POLICY

You will receive a 100% refund if we cancel a course.

If you withdraw from a course:

- Five days prior to the start dates, you will receive a full refund less the \$10 processing fee.
- Less than five days prior to the start date you will receive a 75% account credit (nontransferable and expires 1 year from issue date).
- No refund or account credit will be issued for withdrawal on or after the first class.

## INCLEMENT WEATHER

Safety first! When the day school is cancelled due to weather conditions or other emergency events, evening classes are also cancelled. In the event day classes are not cancelled and the Montachusett area expects severe weather in the evening, a decision will be made by 3:00 PM and students will be notified via email. Cancelled classes are made up (same day of week and time) by extending the end date of the course unless other arrangements are made between the instructor and the class and are approved by the director.

## SUBSTANCE FREE SCHOOL

Montachusett Regional Vocational Technical School District is a substance free community. There is no use of any kind of illicit substances, alcohol, tobacco, cannabis, or vaping products allowed in the school buildings or on school grounds.

## NONDISCRIMINATION POLICY

SCE complies with applicable state and federal civil rights laws and does not discriminate. SCE welcomes and enrolls students of any race, age, gender, ethnicity, sexual orientation, gender identity or expression, religion, creed, ancestry, national origin, disability, veteran's status, or background and extends all the rights, privileges, programs, and activities generally accorded and made available to adult continuing education students.

## From our Director: Trish Woodliff

"As a steadfast advocate for traditionally under-served adults, students, and their families, I was thrilled to join the Monty Tech community as Director of Adult Education & Workforce Development in February 2022. In this collaborative environment, I'm able to focus my knowledge, experience, and passion on closing the achievement and skills gap for a diverse workforce.

I couldn't have asked for a better team than the one that welcomed me. Our evening program assistant and instructors are invaluable assets to the continued growth of a trained workforce in the Commonwealth of Massachusetts. The effort they put in every evening is inspiring. I admire their dedication to their respective trades and their commitment to our students.

Each of our instructors is uniquely talented, and their enthusiasm for education is contagious. As a team, we look forward to establishing and growing strategic partnerships and building even more meaningful relationships with the local workforce by providing access to trained workers.

We are excited to share this NEW catalog with you. We've chosen both our career courses and personal enrichment offerings with care—we hope you'll find inspiration in these pages. Moreover, we're pleased to share that we've secured funding to offer the community NO COST training in high-demand fields.

Our efforts won't stop there. With the continued support of administration, community partners, current students, and alumni, we'll prioritize accessible, high-quality instruction for our diverse community. Should you have an idea, resource, or opportunity to share, I hope you will reach out. I'd love to hear from you! In the meantime, I hope you will tell your friends, family, and neighbors about the fantastic offerings at Monty Tech. I'm looking forward to seeing you on campus!"



## CAREER TECHNICAL TRAINING

We are offering **NO COST** training in 6 in-demand occupations!

In partnership with MassHire North Central Career Center.  
Training Programs made possible with a grant provided  
by Commonwealth Corporation.



# NO COST TRAINING

### Full Scholarships Available

No cost training for grant eligible applicants, provided for the following courses:

- CNC Operator
- Culinary Arts
- Electrical
- HVAC/Oil Burner Tech/EPA 608
- Property Maintenance
- Welding

### Qualified participants will receive:

- Free training
- Industry-specific certifications
- Incentives for attendance and program completion
- All supplies and materials needed for success in the course
- Job placement

### LIMITED SPACE

Contact us to learn more!

[CTI@montytechnites.com](mailto:CTI@montytechnites.com)

978.345.9200 ext. 5220

## AUTOMOTIVE

### BASIC AUTOMOTIVE MAINTENANCE

WED | 11.9.22-12.14.22

5:30-8:30PM | AUT100-F22 | \$125

Attention new drivers, moms, dads, and college grads. This course is a must if you drive or are getting ready to. This offering will give you confidence and insight that will keep you motoring. Have you ever wondered how to change your own oil, change a flat, or how to conduct other basic vehicle services? Then this course is for you! Once you complete this fun and engaging hands-on course, you will have the knowledge and confidence to successfully maintain your own vehicle. The course encompasses both classroom and shop time so that you leave with a good understanding of your vehicle and modern automobiles. You will learn how to change your own oil and air filter, check your fluids, check your tires and adjust tire pressure, change a flat tire, jump start your car, replace headlamps and bulbs, safely jack up your car, maintain wiper blades, visually inspect brakes, and understand the difference between a check engine light and a maintenance lamp. Work boots or leather closed toe shoes and safety glasses are required.

### SMALL ENGINE REPAIR

THURS | 9.29.22-11.10.22

5:30-8:30PM | AUT103-F22 | \$250

Are you tired of your small equipment not starting or running properly? Do you want to save money as well as learn how to service and maintain your own equipment? Don't pay for expensive repairs or tune-ups on your leaf blower, lawn mower, chainsaw, weed whacker, and snow blowers! This course offers an overview of the operation, maintenance, and repair of small gasoline engines. Work boots or leather closed toe shoes and safety glasses are required.



## ARTS & DESIGN

### NEW COMPUTER BASICS

TUE | 10.4.22-11.1.22

5:30-7:30PM | COM103-F22 | \$60

Improve your computer confidence! There are no dumb questions! Come to learn tips, tricks, and answers to frequently asked questions about Windows Computer Basics. Topics Include: How to use your computer, Creating an email, Using Social Media, Internet Safety. It is highly encouraged to bring your own laptop if you own one.

*\*Apple Product specifics will not be taught in this class.\**

### MICROSOFT WORD

ONLINE | MON | 1.9.23-2.13.23

7:15-8:45PM | COM113-F22 | \$160

This class will be starting at the look and feel of Word, showing formatting tools like choosing a different font, changing color and size along with making text bold, italic, setting indents, spacing, and bulleting paragraphs. We will explore styles, inserting images and tables, paragraph formatting, and manipulating margins and tabs. We will also explore some of the more advanced features Word offers.

**Prerequisite:** Fundamental knowledge of computers. Access to a computer with Word (2016, 2019 or 365) outside of the classroom is required. Materials will be provided. Course taught in Windows.

### MICROSOFT EXCEL LEVEL I

ONLINE | MON | 9.12.22-10.17.22

7:15-8:45PM | COM104-F22 | \$160

Excel is a powerful spreadsheet application. The focus of this course is basic Excel skills. We will begin by reviewing the MS Office Ribbon Interface and learning to navigate spreadsheets. We'll enter and edit data; use cut, copy, paste, and flash fill; select cells and ranges; print worksheets; and change styles. We'll learn basic formulas and cell formatting for quick analyses; freezing rows/columns; formatting data as a table; and displaying subtotals. This class applies to Excel 2016 and 2019 specifically. Prerequisite: Fundamental knowledge of computers.

Access to a computer with Excel (2010, 2013, 2016, 2019 or 365) outside of the classroom is required. Materials will be provided. USB/Flash drive recommended but not required. Course taught in Windows.



## MICROSOFT EXCEL LEVEL II

ONLINE | MON | 10.31.22-11.28.22

7:15-8:45PM | COM106-F22 | \$160

We will build upon the lessons from Excel Level 1 and enhance your skills by using more advanced features. We will work with larger data sets and explore creating and customizing charts; PivotTables and PivotCharts; linking cells and formulas; using multiple spreadsheets; printing multiple worksheets; and looking at real-world examples of data visualizations. Applicable to Excel 2016 and 2019. Prerequisite: Fundamental knowledge of computers and Excel Level 1 equivalent competence.

Access to a computer with Excel (2016, 2019 or 365) outside of the classroom is required (older versions may not have all functions). Materials will be provided. USB/Flash drive recommended but not required.

*\*Any student who has taken "Microsoft Excel Level 1", will be eligible for a discount for this course. Please contact our office for more details.*

## NEW MANGA ART

MON | 11.7.22-11.28.22

5:30-7:30PM | ART201-F22 | \$125

Do you love Anime? Would you like to develop your Manga drawing skills? In this class we will focus on figure drawing, proportions, poses, composition and facial expressions. It will be a combination of instruction and self directed character drawing. You will receive guidance on developing your own style and skill set.

## NEW INTRO TO PHOTOSHOP & PHOTOGRAPHY

WED | 10.12.22 - 11.16.22

5:30-7:30PM | PHO105-F22 | \$175

During this class you will learn to be more comfortable with your DSLR camera, using only the manual settings to take the perfect pictures. With an understanding of the camera, we will take the pictures into Adobe Photoshop and get the basics of image editing down.

**\*MUST have a DSLR camera and an SD card before coming to class.**

## NEW EXPERIMENTAL VIDEO PRODUCTION

THUR | 9.15.22-11.10.22

5:30-8:30PM | COM116-F22 | \$180

With the consistently growing trend of YouTube, TikTok, and other self-produced video outlets, it feels like almost everyone is an independent filmmaker today. With video production being more popular than ever, this course is here to help increase your creative/artistic value, as well as give you the tools to succeed in video production. Students will develop basic video editing skills and be provided with references to quality open source (free) software that can be used to edit their projects.

## TAKING BETTER PICTURES I

THUR | 9.22.22-10.20.22

6-8PM | PHO100a-F22 | \$150

Want to know how to get more out of your digital camera? In this class you'll learn how Aperture, Shutter Speed, and ISO each affect exposure, picture quality, and image impact. The differences between your camera's "Aperture Priority", "Shutter Priority", and "Full Manual" modes are explained and explored. Weekly class exercises are designed to help you practice using each of these modes to produce incredible photographs. You will display your photographs taken during each exercise for review and feedback from both the instructor and the class.

**Required Course Material:** Please bring your camera, your Camera's Manual, and a USB Thumb Drive

## TAKING BETTER PICTURES II

TUE | 11.22.22-12.20.22

6-8PM | PHO100b-F22 | \$150

Get creative with your camera. In this class we'll work on developing your photographer's eye. Go from just taking pictures to making great photographs. Class discussions will include traditional and non-traditional compositional guidelines such as the rule of thirds, lines, and curves, to how moving your feet can enhance an image. How does your choice of lenses affect perspective? Should you edit your photos? Have you considered shooting in black & white? Each week you'll work on projects designed to challenge your imagination. Students will display and discuss their weekly photos with the class.

**Required Course Material:** Please bring your camera, your camera's manual, and a USB Thumb Drive, but most of all, your imagination

*\*Any student who has taken "Taking Better Pictures I", will be eligible for a discount for this course. Please contact our office for more details.*

## INTRODUCTION TO GLASS FUSING

SAT | 10.29.22-11.19.22

10AM-1PM | ART107-F22 | \$225

Glass fusing is a way to bring an eclectic piece of glass together to create a beautiful contrast. If you are not familiar with fused glass, you have come to the right place! Fusing is one of the most used techniques in the art glass world. It involves melting and bonding different pieces of glass together to form interesting new patterns and textures. This is a fun way to start experimenting with glass art!

**Material cost is payable to the instructor on the first night of class in the amount of \$75.00.** This cost includes glass, kiln time and supplies. Closed-toe shoes are required. First class is 10-11:30AM, remaining classes run until 1:00PM.

**Classes to be held at Toy Town Stained Glass (36 Monomac Road W., Winchendon, MA 01475).**

## STAINED GLASS

SAT | 9.17.22-10.22.22

10AM-1PM | ART106a-F22 | \$225

Has a beautiful stained glass window ever caught your eye and made you wonder how this was created? Now you can learn how to construct your own stained glass panel, learning glass cutting, foiling, and soldering techniques used in copper foil method. The instructor owns and operates a successful stained glass studio and will provide several patterns to choose from.

Material cost is payable to the instructor on the first night of class in the amount of \$85. This includes the use of tools, supplies, and glass needed for the project. Students will need a pair of safety glasses, which may be purchased at the studio for \$4. Closed-toe shoes are required. Classes to be held at Toy Town Stained Glass (36 Monomonac Road W., Winchendon, MA 01475).



## NEW CHAKRAS AND ART

WED | 1.4.23-2.15.23

5:30-8:30PM | ART130-F22 | \$220

Are you interested in learning about your chakras, affirmations, and creating art? Each class you will learn about a different chakra and various affirmations, crystals and colors that relate to that particular chakra. After a quick guided meditation, you will work on your self-directed art embracing that chakra. You will receive advice and tips for creating your own painting or mixed media art. This class is sure to lift your spirits! Art is a great conduit for self expression and emotional wellness.

## NEW PROJECT MANAGEMENT & QUALITY ASSURANCE IN AGILE SOFTWARE DEVELOPMENT

WED | 9.14.22-11.9.22

7-9PM | COM120-F22 | \$450

Want a career change or advance your career in the world of Information Technology (IT)? This class will help you get there. In this 8-week course you will learn about two important non-coding roles (Project Management and Quality Assurance) involved in building software applications. This class will provide information on how to build those specific skill sets to land on high paying opportunities in the software industry.



## NEW VIDEO GAME DESIGN AND DEVELOPMENT



ONLINE | ROLLING ADMISSION

Ed2Go-GES605-F22 | \$2150

Video game design and development is challenging, but the rewards are worth it. With this unparalleled comprehensive training course, you'll master skills that open doors to the growing video game industry. Using a comprehensive and analytical approach to game engine architectures, this online course will teach you how to effectively design and develop games. 225 hours.

## NEW WEB DESIGN PROFESSIONAL



ONLINE | ROLLING ADMISSION

Ed2Go-GES517-F22 | \$3350

If you're looking to use your creative skills in today's digital landscape, this Web Design Professional course is for you. This course will teach you the fundamentals of web design. You will learn the technology, philosophy, and techniques that bring online creativity to life. You will also gain practical skills for planning, managing, and developing a web project. 384 hours.

## NEW COMPTIA NETWORK+ CERTIFICATION PREP



ONLINE | ROLLING ADMISSION

Ed2Go-ncp-F22 | \$125

This course will teach you everything you need to take and pass the CompTIA Network+ certification exam (N10-007). You will learn about the OSI seven-layer model, protocol suites, modern network operating systems, network hardware, cabling standards, remote connectivity, Internet connections, cloud computing, network security, network troubleshooting, and more. 24 hours.

## NEW C# PROGRAMMING SERIES



ONLINE | ROLLING ADMISSION

Ed2Go-B8538-F22 | \$250

Learn the fundamentals of computer programming with C#, the in-demand and incredibly useful programming language that incorporates the best features of Visual Basic, C++, and Java. 48 hours.

## NEW PROFESSIONAL BOOKKEEPING WITH QUICKBOOKS



ONLINE | ROLLING ADMISSION

Ed2Go-GES2046-F22 | \$2400

Acquire the skills you need to make the most of QuickBooks Online. This course will help you understand how to get your business finances in order and save time with this powerful and useful tool. This course also serves as preparation for the QuickBooks Certified User exam. Exam voucher included. 100 hours.



## NEW CREATING MOBILE APPS WITH HTML5

ONLINE | ROLLING ADMISSION

Ed2Go-ma5-F22 | \$125

Do you want to make mobile apps that run on iPhone and iPad, as well as on Android, and Windows Phone? This course will teach you how to use HTML5, CSS3, JavaScript, jQuery, and web APIs to create cross-platform mobile apps and mashups. 24 hours.

## CONSTRUCTION

### OSHA 10 HOUR - GENERAL INDUSTRY CAREER

MON | 12.5.22

6-8PM | CON103-F22 | \$160

The OSHA General Industry Safety Training Program is a 10-hour class (hybrid) intended to provide workers with awareness of common job-related safety and health hazards. Through this training, OSHA helps to ensure that workers are more knowledgeable about workplace hazards and their rights and contribute to our nation's productivity.

### NEW HOME INSPECTION CERTIFICATE

ONLINE | ROLLING ADMISSION

Ed2Go-GES704-F22 | \$2495

This course will help you prepare for a career as a home inspector. You will learn best practices for inspecting residential construction, including inspection guidelines, identifying common defects, reporting methodologies, and risk management. 200 hours.



### BEGINNER/INTERMEDIATE WOODWORKING

THUR | 10.6.22-11.10.22

5:30-8:30PM | WOO101-F22 | \$325

This class will be taught in person. This eighteen-hour beginner/intermediate woodworking course is designed for students to have an opportunity to develop safety skills while using a variety of woodworking power tools. We will fabricate three projects that any DIYer can recreate in their home shop.

Class I & II: Wood shelf with coat pegs

Class III & IV: Charcuterie Board

Class V & VI: Finger Jointed Keepsake Box with Lid

### NEW WELDING/PMI

MON/WED | 9.12.22 - 11.28.22

5:30-8:30 PM | WELDPMI-F22 | \$0

In partnership with North Central MassHire reMAke 4.0. Grant eligible students can get a basic understanding of a variety of welding skills and training on how to properly use and implement Precision Measurement Instrumentation (PMI).



## NEW STOVETOP NOODLE BOARD

TUE | 9.13.22-10.4.22

5:30-8:30PM | WOO105-F22 | \$225

This class is a Pinterest Board's dream! In this 4-night course you will learn how to make your very own Stove Top Noodle Board! This noodle board doubles as a cover for your electric stove top as well as a tray for parties and celebrations! In this course you will design, create, and show off your one of a kind project. Students will have the option to stain, burn and/or pour epoxy resin into their Noodle Board designs. Each student is responsible for providing two cabinet handles with hardware of their choice to complete the project finishing touches. At the end of this 4 week course you will have the kitchen decor of your dream!

Each student will need: safety glasses, closed toed shoes, long pants, a tape measure, and a pencil.



### ELECTRICAL CODE JOURNEYMAN'S PROGRAM

SEE BELOW | \$1250 | DEPOSIT: \$250



The Monty Tech School of Continuing Education is an approved institution by the Massachusetts State Board of Electrical Examiners to teach classroom instruction in electrical code and theory. The school utilizes 4 Modules with 150 hours of classroom training in electrical code and theory, meeting state requirements. Students will examine the National Electric Code, CMR 237 13.00-24.2, and MA Amendments Code, among many more specific topics in preparation for the MA Journeyman Electrician exam.

The Master Electrician course is 150 hours of classroom training preparing the student for their MA Master Electrician License given by the state. This course satisfies the 237 CMR 13.01 requirement for the MA Master Electrician Exam. Upon completion of this course and holding a MA Journeyman Electrician License for one year, students will be eligible to sit for the Master Electrician Exam.

**Module 1:** ECMOD1-F22

Tuesday, Thursday | 9.13.2022 - 4.27.2023 | 5:30 PM - 8:30 PM

**Module 2:** ECMOD2-F22

TBD

**Module 3:** ECMOD3-F22

Tuesday, Thursday | 9.13.2022 - 4.27.2023 | 5:30 PM - 8:30 PM

**Module 4:** ECMOD4-F22

Tuesday, Wednesday | 9.13.2022 - 4.27.2022 | 5:30 PM - 8:30 PM

**Master Electrician:** ECMAS-F22

TBD

## PLUMBING APPRENTICE TRAINING



5:30-8:30PM | \$900 | DEPOSIT: \$100

Monty Tech School of Continuing Education is an institution approved by the Massachusetts State Board of Plumbers and Gas Fitters to teach classroom instruction for the Journeyman's licensure program. This program will give students the opportunity to get their state required classroom training for their Journeyman license. Upon completion of this program, pending the students hands on training hours, they will be able to sit for their Journeyman's license exam. Students must be registered as an apprentice by the beginning of PLTIER 2.

### Tier 1: PLTIER1-F22

Tuesday, Wednesday | 9.13.2022 - 2.15.2023 | 5:30PM - 8:30PM

### Tier 2: PLTIER2-F22

Tuesday, Wednesday | 9.13.2022 - 2.15.2023 | 5:30PM - 8:30PM

### Tier 3: PLTIER3-F22

TBD

### Tier 4: PLTIER4-F22

Tuesday, Thursday | 9.13.2022 - 2.14.2023 | 5:30PM - 8:30PM

### Tier 5: PLTIER5-F22

Tuesday, Wednesday | 9.13.2022 - 2.15.2023 | 5:30PM - 8:30PM

## CONSTRUCTION SUPERVISOR LICENSE EXAM PREP



TUE | 9.13.22-10.25.22

5-7PM | CON100-F22 | \$800

This course will prepare you for the Massachusetts Construction Supervisor unrestricted license exam. Books and materials are included in the course fee. A significant amount of time must be devoted to comprehending the method of preparedness to familiarize yourself with the building code materials. You will be able to retain the process of the system in order to find the answers to the test question that will be presented. A score of 70% is required to successfully pass the State exam. It is recommended that you are pre-approved by the State testing agency prior to the class (however, this is not a requirement). In addition to class time, students average 1 to 2 hours of homework per class.

## HOT WORK TRAINING CERTIFICATION

MON | 12.12.22

5:30-8:30PM | GEN100a-F22 | \$75

Montachusett Regional Vocational Technical School District will be following state guidelines, recommendations, and protocols for safety.

Hot Work is any work that involves working with or around open flames or sparks, or anything that could potentially start a fire. This Hot Work training course is designed to make you aware of the Occupational Safety and Health Administration (OSHA) General Industry standard Subpart Q for Hot Work.

This course will show you how to comply with the OSHA regulation and keep you and your co-workers safer at work. The Commonwealth of Massachusetts made hot work certification mandatory.

This course is taught by a PHCC certified instructor and consists of two hours of lecture and one hour for testing. After successful completion of the testing, your name will be added to the national database maintained by the NFPA certifying you for hot work operations.

## CULINARY

## SERVSAFE CERTIFICATION & RECERTIFICATION

THUR | 10.27.22

4-10PM | CUL300a-F22 | \$325

Tuition includes the textbook. To enroll and receive certification, individuals must be at least 18 years of age. The course adheres to the ServSafe Manager Book, 7th Edition (formerly ServSafe Essentials), and provides a thorough review of food safety and hygiene responsibilities in the foodservice industry. In preparation to earn the nationally accredited food safety certification from the National Restaurant Association. To receive a ServSafe Food Protection Manager Certification (which is valid for five years), individuals must score at least 75% on the exam at the conclusion of the course. American National Standards Institute (ANSI) and Conference for Food Protection (CFP) accredited the exam.

*\*Students will take the certification exam in class; \*Tuition includes the textbook.*





## ADULT/CHILD (6-12) HALLOWEEN MONSTER CUPCAKES

MON | 10.17.22

6-8PM | CUL103c-F22 | \$65

For children ages 6-12. One adult must accompany one child. Each adult will be charged a tuition fee. There cannot be more than one child per adult.

During this one-night class the kids will learn how to make cupcakes from scratch, homemade icing and will be taught basic icing techniques. Students are encouraged to bring an apron, a 12-cavity metal cupcake pan, containers to take samples home and a \$5 cash-only supply fee payable to the instructor the night of.

## ADULT/TEEN (13-15) GOURMET PIZZA NIGHT

MON | 9.19.22

6-9PM | CUL111a-F22 | \$65

For teens ages 13-15 and an adult. Adults & Teens register separately. If your idea of an awesome pizza night is opening the freezer and pulling out a square box covered in frostbite, you'd be wise to read on. Learn to make gourmet pizza with your own hands in this all-levels three-hour class. Learn how to make the dough from scratch, form the crust, and bake it in a home oven without a pizza stone. Forget the red sauce and shredded mozzarella; we have so many fun toppings (bacon, caramelized onions, goat cheese, etc.) that it will be hard to choose.

Students should bring an apron and containers to take samples home and a \$10 cash-only supply fee payable to the instructor the night of.

## CLASSIC DESSERT: BAKLAVA, PROFITEROLES, PAVLOVA

MON | 12.5.22

6-9PM | CUL208-F22 | \$65

Ready to make restaurant-quality desserts in your own home? In this hands-on class, you will learn the secrets for preparing three classics from around the world: cream-filled profiteroles from France; crispy and buttery baklava from Greece; and delicious pavlova from Australia! We'll discuss serving options and garnish ideas, and of course, enjoy a taste of all three.

Students should bring an apron, containers to take samples home and a \$20 cash-only supply fee payable to the instructor the night of.

## FRIED CHICKEN 101

MON | 10.3.22

6-9PM | CUL206-F22 | \$65

Students will learn the art of deconstructing a whole chicken into parts, the standard breading procedure, and how to get a perfectly crispy fried chicken at home.

Students should bring an apron, containers to take samples home and a \$10 cash-only supply fee payable to the instructor the night of.

## NEW ADULT/CHILD (6-12) UGLY SWEATER COOKIES

MON | 12.19.22

6-8PM | CUL114-F22 | \$65

For children ages 6-12. One adult must accompany one child. Each adult will be charged a tuition fee. There cannot be more than one child per adult. Have some holiday fun with this hands-on cookie night. We will be making our own cookie dough, baking, and decorating silly sweater designs. Students should bring an apron, containers to take samples home, and a \$5 cash-only supply fee payable to the instructor the night of.

## THANKSGIVING SIDE DISHES

MON | 11.21.22

6-9PM | CUL307-F22 | \$65

First Thanksgiving meal or need to jazz it up? We have a class designed just for you. This one-night class focuses on the side dishes that compliment your turkey feast. Students will be making a cranberry orange relish, roasted garlic mashed potatoes, herb bread stuffing, roasted butternut squash, and soft dinner rolls. Students should bring an apron, containers to take samples home and a \$15 cash-only supply fee payable to the instructor the night of.

## SUSHI MAKING BASICS

MON | 11.7.22

6-9PM | CUL112-F22 | \$65

Learn to roll sushi like a pro! Students will make sushi rice and use a mat to make traditional sushi rolls. We will be creating our favorite maki California roll, uramaki spicy tuna roll, and shrimp nigari. Students should bring an apron, containers to take samples home and a \$20 cash-only supply fee payable to the instructor the night of.



## \*PHARMACY TECHNICIAN (CPHT)



TUE/THUR | 9.20.22-11.22.22

5:30-8:30PM | MED106-F22 | \$1450 | DEPOSIT: \$200

All students should have access to the internet and a computer, as well as a valid email address. Pharmacy Technicians are sought-after professionals in pharmacies located in hospitals, drug stores, doctors' offices and grocery stores. With a CPhT certification from National Healthcareer Associations (NHA), you'll have the credentials you need to invest in your future and prepare for a rewarding career as a Pharmacy Technician.

This is a comprehensive 50-hour test preparation program that will prepare you to take the Pharmacy Technician Certification Board's PTCB exam, earning you an additional Certification as a Pharmacy Technician.

## PRACTICAL INFECTION CONTROL

ONLINE | MED111-F22 | \$169

Rolling Enrollment. MedCA's Practical Infection Control is your pathway to a complete basic understanding of infections that have affected humans and continue to affect the way we live. It's more than just a course, it gives you an insight on how to protect yourself and others.

Start and stop the course at your own pace. There is no time limit and you can stop and return to the course at any time! Just login whenever you wish.

## BASIC LIFE SUPPORT (BLS) CPR

WED | 10.19.22

5-9PM | MED109-F22 | \$115

This course is intended for people specifically in a healthcare setting. The AHA's BLS course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations, and provide early use of an AED. This course reflects science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC).

## COSMETOLOGY



MON THRU THUR | 9.12.22-12.31.22

4:30-9:30PM | COS01-F22 | \$8000 | DEPOSIT: \$750

The School of Continuing Education is pleased to offer an affordable, flexible Cosmetology Program approved by the Massachusetts Board of Registration of Cosmetology and Barbering.

Our mission is to provide you with exceptional instruction and hands-on clinical experience that will prepare you for a successful entry in the cosmetology field. This is a 14-month program allowing for flexibility to support your educational experience, while still maintaining a balanced personal life. No classes during July & August.

To assist you with tuition, we can set up several types of payment plans: Monthly, Bi-weekly, or Weekly payments. 10% OFF if paid in full 10+ days prior to the start of the course.

Access to a computer outside of the classroom is required. Tuition includes: Course Fee, Kit valued at \$750, Online Book & Study Guide.



## EVENING SALON AT MONTY TECH

Monday - Thursday

4:30 PM - 9:30 PM

September - June

By Appointment only

Call 978-345-9200 ext. 5220 to make an appointment

Visit the website for a complete list of offered services and prices.



## CERTIFIED NURSE AIDE & CERTIFIED HOME HEALTH AIDE



MON/WED | 9.19.22-12.21.22

6-9PM | MED100-F22 | \$1400 | DEPOSIT: \$200

This course provides individuals with an opportunity to earn multiple professional certifications in healthcare. In nurse aide training, students will receive instruction on a humanistic approach to provide clients with basic care in diverse healthcare settings. For the home health aide certificate, students will learn the theory and clinical skills necessary to work with clients in homecare settings.

*In addition to tuition, students are responsible for the CNA Exam administered by Prometrics: Written: \$40; Written (oral): \$50; Clinical: \$70.*

**Note:** 25 clinical hours to follow classroom instruction; subject to availability of facility; All students are subject to a CORI.

## NEW HUMAN RESOURCE SPECIALIST



ONLINE | ROLLING ADMISSION

Ed2Go-GES419-F22 | \$1985

Master the skills you need to gain an entry-level position in human resources and prepare to take the PHR (Professional in Human Resources) certification exam. 120 hours.

## CERTIFIED CLINICAL MEDICAL ASSISTANT (CCMA)



ONLINE | ROLLING ADMISSION

Ed2Go-GES180-F22 | \$2800

You will learn the necessary skills to function as a vital member of the healthcare team in a hospital setting, clinic, or physician's office as you prepare for the national certification exam and a career as a Certified Clinical Medical Assistant (CCMA).

Exam voucher included. 540 hours.

## INTRODUCTION TO MEDICAL TERMINOLOGY

THUR | 10.4.22-11.8.22

6-9PM | MED108-F22 | \$200

Common medical terminology is a critical part of the language used by healthcare workers. This course is ideal for someone who is new or interested in working in healthcare. You will learn to identify medical terms and words from their component parts.

In this course, you will explore medial symbols, abbreviations, and their application in the healthcare field.



## NEW HELPING ELDERLY PARENTS

ONLINE | ROLLING ADMISSION

Ed2Go-aap-F22 | \$100

Are your parents in their golden years? Learning how to help parents or other loved ones through their transition can prepare you for your own. This compassionate and comprehensive class will give you the tools, techniques, and insights for this passage. 24 hours.

## MANICURING



MON/WED | 9.19.22-1.23.23

OR TUE/THUR | 9.20.22-1.10.23

4:30-8:30PM | MANCOS-F22 | \$2000 | DEPOSIT: \$400

Are you ready for a career as a Nail Technician? Our program provides professional training and practical experience to prepare students for the Massachusetts Manicuring License Exam. In our comprehensive program, you will learn the latest procedures and the necessary hands-on experience to develop your new skills!

The manicuring program is 100 hours, and the curriculum covers: Safety/Sanitation; Artificial Nail Techniques; First Aid; Basic Manicuring with Hand and Arm Massage; Professional Ethics; Salon Management; State Laws; Hygiene; and Anatomy. Our program is approved by the Massachusetts Board of Registration of Cosmetology and Barbering.

Access to a computer outside of the classroom is required. Tuition Includes: Course Fee, Kit valued at \$350, and Textbook. To assist you with tuition we can set up several payment plans: Monthly, Bi-Monthly, or Weekly payments. 10% OFF if paid in full 10+ days prior to the start of the course.

## NEW VETERINARY ASSISTANT



ONLINE | ROLLING ADMISSION

Ed2Go-GES118-F22 | \$2150

Do you love animals? Have you ever thought about a career as a veterinary assistant? This intensive course will provide the information you need to become a productive member of a veterinary team. Upon completion of the course, you will also have the opportunity to gain access to an Externship Starter Kit. 225 hours.

## NEW MEDICAL INTERPRETER (SPANISH/ENGLISH)



ONLINE | ROLLING ADMISSION

Ed2Go-GES165-F22 | \$2600

This online course will teach you the skills needed to work as a Medical Interpreter and to sit in any of the Medical Interpreting examinations available in the country. 200 hours.

## \*CERTIFIED MEDICAL BILLING AND CODING SPECIALIST (CBCS)



ONLINE TUE/THUR | 9.20.22-1.24.23

6-8:30PM | MED107-F22 | \$1500 | DEPOSIT: \$200

The first night of this class will be in person.

Individuals with a CBCS certification from NHA gain access to the knowledge and training they need to prepare for a rewarding and meaningful career as a Billing & Coding Specialist.

Billing & Coding Specialists have an expansive range of opportunities for employment. The skills learned through the NHA CBCS certification are essential to hospitals, physician offices, surgery centers, nursing homes, dental offices, home healthcare agencies, mental health facilities, and even insurance companies and consulting firms. Open the door to a rewarding career path by becoming a CBCS.

All students should have access to the internet and a computer with a camera, as well as a valid email address. Textbooks are not included, visit our website for textbook requirements.

## TEAS PREP SERIES

ONLINE | ROLLING ADMISSION

Ed2Go-B9584-F22 | \$250

Practical Infection Control Online Course. In order to gain admission to nursing school, you will need to perform well on the Test of Essential Academic Skills (TEAS) exam. This TEAS Prep Series will prepare you to succeed on all portions of the standardized test, including Reading and English Language Usage, Mathematics, and Science. You'll also learn good study skills, practice sample questions, and now create a strategy for test day. 48 hours.



## NEW EMERGENCY MEDICAL TECHNICIAN (EMT)

MED300-F22 | \$1400 | DEPOSIT: \$400

Visit online to view the full schedule.

*Includes eBook/online access. Course balance must be paid in full by the second class.*

*Exam fees not included in tuition.*



Do you want to get into the medical field?

Are you a nursing student who needs experience with patient care?

Just looking to make a career change?

Then training to be an EMT is for you!

In less than 4 months you could be working in a rewarding industry. Emergency Medical Technicians (EMT) provide out of hospital emergency medical care and transportation for critical and emergent patients who access the emergency medical services (EMS) system. EMTs have the basic knowledge and skills necessary to stabilize and safely transport patients ranging from non-emergency and routine medical transports to life threatening emergencies.

Become an Emergency Medical Technician (EMT) with A.D. Quality EMS Training Inc., at Monty Techs School of Continuing Education with instructors who have years of experience in the field.

**"EMTS PERFORM MEDICAL INTERVENTIONS DRIVEN BY NATIONAL AND LOCAL PROTOCOLS. WE ARE A CRITICAL LINK IN PATIENT CARE IN AN EMERGENCY"**

- National EMS Scope of Practice Model





# PRACTICAL NURSING PROGRAM

**BE PART OF A FAST-PACED, CHALLENGING LEARNING EXPERIENCE!**

No Waitlist, Financial Aid Available, Fully Approved by MA Board of Registration in Nursing. Pass Rate Above the National PN-NCLEX Pass Rate.

Adults who have a high school diploma or equivalency can become prepared to apply and take the National Council Licensing Examination for Practical Nursing (NCLEX-PN).

## APPLICATION DEADLINE

Monday, May 1, 2023 at 3PM for consideration for the class of 2024. Class of 2024 begins August 2023.

## LENGTH OF PROGRAM

Ten months/41 consecutive weeks, divided into three 10-week terms and one 11-week term from the end of August through June.

## PROGRAM HOURS

The Monty Tech Practical Nursing Program provides 1,210 Instructional clock hours during its 41-week sequential academic year. Monday through Friday (evenings) 3:30-10:00pm until clinical practice begins in Term 1, then Monday through Thursday, and every other weekend, first shift.

## TUITION REFUNDS

Students are encouraged to visit the "Net Price Calculator" via the U.S. Department of Education. If the student is not receiving federal or state funding and withdraws from the Program, the following plan for refund of tuition will be followed: **Before the first official class - 100%; After the first class, but before the 10th class meeting - 75% After the 10th class meeting, but before the 30th class meeting - 50%; After the 30th class meeting - NO REFUNDS**

## ADMISSION EXAM

Arrangements to schedule the Entrance Exam at Monty Tech are made by registering online at [www.atitesting.com](http://www.atitesting.com) and selecting the link "Register for TEAS" or by calling 1-800-667-7531. The TEAS test was developed in 1999 to measure basic essential skills in the academic content areas of reading, math, science, English and language usage. When creating an account on the ATI website, you will assign yourself a username and password. You will need to bring this information with you to the exam. The exam must be taken between 9/1/22 and 6/1/23. It can only be taken twice to achieve a passing score in each content area. Monty Tech Prep Courses are also available [www.ed2go.com/montytech/online-courses/teas-prep-series/](http://www.ed2go.com/montytech/online-courses/teas-prep-series/)

There is a \$102 non-refundable exam fee to be paid at the time of registration. No personal checks accepted. Taxes apply.

**JANUARY 2023 • FEBRUARY 2023 • MARCH 2023 • APRIL 2023**

## GAINFUL EMPLOYMENT DISCLOSURE

Please go to [www.montytech.net](http://www.montytech.net) and select the link to the Practical Nursing Program. Click on the Gainful Employment link for up-to-date information.

## BRIDGE PROGRAM

Monty Tech has partnered with Fitchburg State University to develop a seamless bridge program for Licensed Practical Nurses (LPN) to earn their baccalaureate degree in nursing. The end result of this partnership is an accelerated standalone LPN-to-BS in Nursing program at Fitchburg State University.

(978) 345-9200 ext. 5108 | [www.montytech.net/LPN](http://www.montytech.net/LPN)

Like us on Facebook for more information: Monty Tech Practical Nursing





## NEW AMERICAN SIGN LANGUAGE FOR FIRST RESPONDERS

MON | 11.7.22-11.21.22

6-8PM | MEDLAN-F22 | \$75

This is an introductory course in American Sign Language (ASL) that is specifically taught for First Responders. In this course you will learn basic communication skills like finger-spelling and vocabulary in order to communicate with people who use ASL. Students will learn about significant considerations in the deaf community, deaf culture, and deaf history.

This course has been created with the collaboration of our first instructor, who is deaf and has used sign language since childhood, our second instructor who is an ASL interpreter and uses sign language for their profession, in partnership with multiple first responders who currently work in the field. By the end of this course, you will have basic communication skills in ASL that will help lessen the language barrier in the First Responder field. Textbook information will be provided first class.

## \*CERTIFIED PHLEBOTOMY TECHNICIAN (CPT)



MON/WED | 9.19.22-12.5.22

5:30-8:30PM | MED102a-F22 | \$1600 | DEPOSIT: \$200

Are you interested in becoming a certified Phlebotomy Technician? This course will prepare you for work in a laboratory or clinical setting collecting blood for testing or donation and provide you with the necessary knowledge and skills to pass the phlebotomy technician certification exam accredited by the National Healthcareer Association (NHA). *\*Students must be at least 18 years of age to enroll for the course.*

## NEW DRAG MAKEUP

FRI | 9.23.22

5:30-8:30PM | COS100a-F22 \$80

HEY QUEEN! Have you been looking for a class that will take your drag to the next level? We now offer in depth classes that will help you build upon your drag queen/drag king makeup skills. Whether you are an aspiring makeup artist or performer you will leave this class with the techniques and knowledge to further your career. Each class features a different look so be sure to join us for more than one if you want to see the other looks. Not only will you sashay away with fierce gender bender makeup skills, but you will also take home a makeup kit valued at \$50 containing the products we used to create our look for that class.

*\*If you wish to bring a model to do the makeup on you may do so, or you can do your own makeup.*

*\*Makeup Kits do not include foundation or concealer so please bring ones that you know work for you.*

*\* Depending on group skill level class may run longer than scheduled.*



## NEW HALLOWEEN SPECIAL EFFECTS MAKEUP

FRI | 10.14.22

5:30-8:30PM | COS101a-F22 | \$95

IT'S SPOOKY SEASON! Join us while we dive into the incredible world of SiFi and Horror! This class will teach you the fundamental skills that will help you in your makeup career or just make this year's Halloween costume look like it should be on the big screen. You will take home a special effects makeup kit valued at \$65.00.

*\*If you wish to bring a model to do the makeup on you may do so, or you can do your own makeup.*

*\*Makeup Kits do not include foundation or concealer so please bring ones that you know work for you.*

*\* Depending on group skill level class may run longer than scheduled.*

### Student: Maggie Reilly, Cosmetology Graduate

"The School of Continuing Education at Monty Tech has allowed me to pursue my dream of becoming a Cosmetologist while still being able to work full time. Without the flexibility and affordability that this program offered, I'm not confident I would've been able to do it. I recommend this program to anyone looking to pursue a career in cosmetology, - you will not regret it!"



## NEW DAY TO NIGHT GLAM MAKEUP

FRI | 12.9.22

5-7PM | COS102a-F22 | \$80

Last minute party with your friends or maybe dinner plans after work? This class will show you how to turn your office look into your party look. Those days when you just don't have the time to run home and get ready this class will help! You will also receive a portable makeup kit with the products we use for our look, valued at \$40.00.

*\*If you wish to bring a model to do the makeup on you may do so, or you can do your own makeup.*

\* Makeup Kits do not include foundation or concealer so please bring ones that you know work for you.

*\* Depending on group skill level class may run longer than scheduled.*

## \*CERTIFIED EKG TECHNICIAN (CET)

WED | 9.21.22-11.30.22

6-9PM | MED105-F22 | \$800 | DEPOSIT: \$200

The need for qualified EKG technicians continues to rise as the aging population in America grows (and with it, the prevalence of heart-related conditions). Earning your CET will help you launch a successful and meaningful career that can help make a difference in countless lives. Whether you seek full-time or part-time employment, the opportunities in this profession are flexible and in high demand. Plus, the added skills of Holter monitoring and stress tests required for the Certified EKG Technician (CET) will help you to be even more competitive as you launch your healthcare career. Required online study materials. All students should have access to the internet and a computer, as well as a valid email address. Exam fee, \$125, not included. Certification from NHA.



## NEW MEDICARE UPDATES - WHAT'S NEW IN MEDICARE 2023

ONLINE | THUR | 10.20.22

6-8PM | FIN102c-F22 | \$10

Original Medicare, Medicare Supplement Plans (Medigap), Medicare Advantage Plans, and Medicare Prescription Drug Plans can change pricing, doctor networks, and formularies every year. This class will highlight the changes for 2023. This information will be essential for beneficiaries when reviewing their Medicare plan coverage for 2023, enabling individuals to make an informed decision to continue with their current insurance choice or choose a different plan.

## BEGINNING GUITAR FOR ADULTS

TUE | 10.4.22-12.13.22

5:30-6:30PM | MUS100a-F22 | \$180

Have you ever imagined yourself learning to play the guitar? Do not let fear and self-doubt prevent you from achieving this goal. The course will give aspiring musicians a solid foundation with a structured, step-by-step approach, led by an experienced and patient teacher. Students will better understand and learn the introductory scales, tabs, open cords, bar chords, and how to read music. The instructor will provide the course materials for each session, and only expects that students possess a commitment to practice at least a half hour per day. Students must bring a six-string acoustic or electric guitar, soft picks, a tuner and a metronome.

## NEW INTERMEDIATE GUITAR

TUE | 1.3.23-2.14.23

5:30-6:30PM | MUS101-F22 | \$160

This intermediate level of guitar class will (literally) rock your world! Dive into new skills like Barre Chords, Power Chords, and Chord Progressions. Students will learn how to use a capo, Travis Picking and fingerstyle guitar techniques, as well as basic music theory.

### Prerequisites:

Students must be familiar with the basic understanding of:  
Basic Open Chords (Major, Minor and 7th)  
Major Scale  
Pentatonic Scale  
Basic Strum Patterns  
TAB

*\*Any student who has taken Beginner Guitar and takes Intermediate Guitar is eligible receive a discount. Contact our office for more details.*

## NEW BUYING AND SELLING A HOUSE FOR BEGINNERS

WED | 10.12.22

6-8PM | WOR102-F22 | \$35

Learn the ins and outs of buying or selling a home. Whether you are looking to just buy, just sell, or both, this class is meant for you. Class is structured to explain the process of getting a home ready to sell and the process a buyer goes through to get qualified to purchase. Understanding both sides of the sale can be helpful in getting an offer accepted.

## INTRODUCTION TO YOGA

MON | 9.12.22-11.28.22

6-7:30PM | FIT100b-F22 | \$160

Do you want to reduce stress, increase flexibility, build muscle, and be more mindful, but are afraid you need to be a pretzel with self-awareness to do yoga? This course introduces yoga to the layperson. The instructor has designed each session for novices and will modify postures (asana) to suit each participant's needs, body types and experiences. Sessions will include the form (Hatha yoga), breathing (pranayama), meditation, and deep relaxation (savasana). Students are encouraged to wear comfortable clothing and should bring a mat, a blanket/large towel, a water bottle, and a sense of humor.

## GENTLE YOGA FOR SELF-CARE

TUE | 9.13.22-11.22.22

6-7:30PM | FIT100a-F22 | \$160

This class offers continuity for those who have participated in Introduction to Yoga, however, it is also open to practitioners of all levels and body types since it is slower in pace and gentler with postures. It will bring mindfulness to movement and time to modify various yoga poses to fit one's own body. We will gradually build strength, improve cardiovascular condition, and increase flexibility all in a gentler way. Sessions will include breath work, meditation and deep relaxation for stress relief. Wear comfortable clothing and bring a mat, a blanket/large towel, a water bottle and, of course, your sense of humor.

## BASIC AMERICAN SIGN LANGUAGE

TUE | 9.13.22-11.22.22

6-8PM | LAN100-F22 | \$250

This course introduces American Sign Language (ASL). Through conversation analysis, body language, and role play, students will prepare to communicate with ASL. In addition, students will learn about significant considerations in the deaf community, deaf culture, and deaf history. With any additional time, individuals will practice some more complex grammar that ASL incorporates. Participants will come to appreciate the different aspects of this fascinating language. Moreover, the course has two instructors. The first instructor is deaf and has used sign language since childhood. The second instructor is an ASL interpreter and uses sign language for their profession. Together, they provide a unique perspective and experience. Textbook information will be provided first class.

## NEW AMERICAN SIGN LANGUAGE II

TUE | 12.6.22-2.14.23

6-8PM | LAN106-F22 | \$250

This is an intermediate American Sign Language 10 week course. In this course you will review topics like sentence structure, ASL grammar, and more advanced vocabulary. In addition, students will learn about significant considerations in the deaf community, deaf culture, and deaf history. Participants will come to appreciate the different aspects of this fascinating language. Moreover, the course has two instructors. The first instructor is deaf and has used sign language since childhood. The second instructor is an ASL interpreter and uses sign language for their profession. Together, they provide a unique perspective and experience. Textbook information will be provided first class.

*Any student who has taken "Basic American Sign Language", will be eligible for a discount for this course. Please contact our office for more details.*

## NEW SPANISH FOR LAW ENFORCEMENT

ONLINE | ROLLING ADMISSION

Ed2Go-sle-F22 | \$115

In the law enforcement field, mastering basic Spanish will give you more power to handle situations involving Spanish-speaking victims, witnesses, or criminals. Whether you're new to the Spanish language or just want a refresher, this course will teach you the basic Spanish phrases you need for everything from making casual conversation to handling life-or-death situations. 24 hours.

## NEW PERSONAL FINANCE

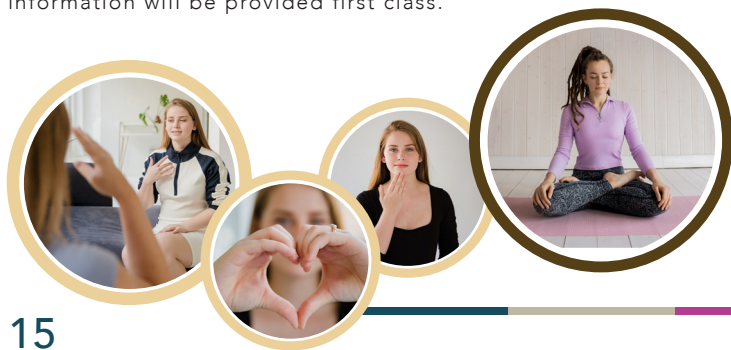
MON | 9.19.22-10.3.22

OR MON | 11.14.22-11.28.22

6-8PM | FIN101-F22 | \$65

Are you stressing out over money? Join us to start your journey towards lowering your stress by improving your financial wellbeing. In this course we will discuss budgeting, debt management, and investment strategies. Participating in this course will get you better prepared for a life of long term financial wellness.

Students are encouraged to bring their own devices (Laptop, tablet etc.) with access to either Google Sheets or Microsoft Excel. All other students will be provided a device to use in class. Students are encouraged to bring a USB drive as well.



## **NEW** REAL-WORLD FINANCIALS AND YOUR CREDIT SCORE

WED | 10.26.22-11.02.22

6-8PM | FIN115-F22 | \$50

Do you look at your credit scores and wish they could be higher? Do you feel like you're doing everything right, but they're just not going up? Do you find all the information about Credit Scores confusing?

This class will go over the ways that you can establish, improve, and manage your credit scores. Learn the FICO score evaluation methods and gain insight on how the Credit Bureaus use this information to raise and lower your scores. Learn how that can affect real life events: such as getting a credit card and purchasing a car or home. This is the class you wish they taught in school, to help you prepare for real world Financial and Credit situations.

## **NEW** LEARNING TO FLY: HOW TO GET YOUR PILOT'S LICENSE

WED | 12.14.22

6-7:30PM | WOR125-F22 | \$10

Montachusett Regional Vocational Technical School District will be following state guidelines, recommendations, and protocols for safety.

Ever heard yourself say "I always wanted to learn to fly"? Here's your chance to find out what it takes to earn your pilot's license. This one-hour informational presentation will answer your questions about pilot licenses, flight training, knowledge tests and medical qualifications, just to name a few topics. Aviation can be learned and experienced at any stage in life.

## **WEIGHT LOSS WITH HYPNOSIS AND MIND-BODY THERAPY**

THUR | 1.5.23-2.9.23

6-8:30PM | WEL117a-F22 | \$225

Are you struggling to control your eating, carrying excess weight, and or have no desire to exercise? Have you tried everything and nothing seems to work? If you are tired of fighting with yourself and failing you are not alone. Try using the power of your mind, the process of hypnosis, and life coaching skills towards your goals. You'll be well on your way to feeling better, thinking better, and taking actions that support you in a healthy, self-compassionate way.

## **NEW** BASKET WEAVING

MON | 11.14.22

5:30-8:30PM | ART130-F22 | \$65

The basket has a wooden base sufficient to hold a 9" pie pan and leather handles. Students will learn basic weaving techniques of basket making and will be able to choose from a variety of colors, (First come, first served). All materials included at a value of \$30 per kit. **Students should bring:** A bucket to soak reed in, scissors, clothespins (6-10), spray bottle for water, and an old towel.

## **GOLF IMPROVEMENT WITH HYPNOSIS**

MON | 9.12.22-9.26.22

6-8:30PM | WEL119-F22 | \$115

Many try but very few truly succeed at mastering the game of golf. Many times the problem is "performance under pressure". Physical effort and practice will not deliver this. Have you experienced this again and again on the golf course? Research shows that hypnosis is a very successful way to enhance performance. With the tools of hypnosis, positive changes are spoken directly to the subconscious in a way that you cannot do on your own. Oftentimes self-doubt and negative feedback from failed golf swings and missed putts influences how one's game is impacted. How can you believe you will make your next putt when you've missed so many?

By attending this class you can program your subconscious mind to work on autopilot in a variety of situations and most importantly ON the Golf Course! The Pro's all use some form of golf hypnotherapy approach to their game. They could not do as well as they do without a strong mental attitude toward the game. Let Golf Hypnotherapy work for you!

## **NEW** MA LICENSE TO CARRY/ FIREARM ID

9.19.22 | 9.23.22 | 6-10PM

9.25.22 | 12-3PM

WOR200-F22 | \$150

The instructor Terry Bass is certified by the Massachusetts State Police to conduct Massachusetts Firearms Safety Courses. Completing this course fulfills the requirements for the Massachusetts License to Carry as well as the requirements for the Massachusetts FID card.

This course teaches the basic knowledge, skills, attitude and responsibility necessary for owning and using a firearm properly. Priority will be given to safety, mental health, fundamentals and adheres to the MA Gun Laws. Students will be given instruction on how to safely handle and own a firearm. Upon completion of this course students will be able to take either the License to Carry (LTC) or Firearms Identification (FID) in class exam.

Course eligibility: 18+ years of age. Students over the age of 18, but under 21 will be eligible to get their FID. Students over the age of 21 are eligible to get either their FID or LTC.

All participants must bring a valid government issued Photo ID.

**NOTE: UNDER NO CIRCUMSTANCES SHOULD ANY TYPE OF FIREARM OR AMMUNITION BE BROUGHT TO CLASS.**

**Classes to be held at Norco Sportsman's Club 91 Houghton Rd, Princeton, MA 01541**



## **NEW** UNDERSTANDING YOUR DOG

WED | 10.19.22

5-8PM | WOR120-F22 | \$50

Learn how to better understand what dogs are trying to say to us. Gather tools that will help you communicate with your dog or dogs you may meet. Uncover some of the techniques to keep you and your furry friend as cohesive as possible.

## **NEW** HOLISTIC BATH TIME RITUALS

THUR | 11.3.22

7-8:30PM | WEL120-F22 | \$40

Join us even if you don't have a tub to learn all kinds of ways to create bath and shower time rituals for bedtime relaxation or power prepping your day! This class will also spend some time on the importance of lymph detoxification and how little routines like dry brushing can create huge differences in your health. We will make bath scrubs and salt soaks using essential oils to take home, valued at \$20.

## **NEW** EVERYDAY ESSENTIAL OILS

MON | 9.20.22

7-8:30PM | WEL121-F22 | \$35

Wondering about the hype around essential oils but don't know where to start? Essential Oils can help you clean your home without the use of harsh chemicals and deal with all sorts of common ailments (think minor headaches, better digestion, glowing skin, seasonal complaints, and even balancing emotions). Come learn what to buy and how to use them safely in your home for yourself, your pets, and your children. Includes making a take home DIY spray or roller bottle which best suits your needs valued at \$15

## **NEW** CRYSTAL AND ESSENTIAL OIL PAIRINGS

THUR | 10.6.22

7-8:30PM | WEL122-F22 | \$40

Beginners and experts alike will enjoy this class. Blending essential oils, crystals, and yoga chakras together to create a harmonious balance through a guided meditation. Come to learn, relax, and restore with the magic of essential oils and crystals. Take home an essential oil roller bottle and crystal valued at \$20.



## **NEW** DIVERSITY TRAINING FOR EMPLOYEES AND MANAGERS

ONLINE | ROLLING ADMISSION

Ed2Go-T12414-F22 | \$80

The course brings people together by focusing on principles like respect, acceptance, and inclusivity. It is designed to help employees and managers gain a better understanding of the skills, characteristics, and talents that each person brings to the table. 14 hours.

## **NEW** MAKE YOUR OWN SMUDGE STICKS

TUE | 10.18.22

7-8:30PM | WEL123-F22 | \$40

Out with the old and make room for the new season! Create your own smudge stick with locally harvested plants such as Artemisia, Sage, Cedar, Thyme, Helichrysum, plus autumn flowers and more. Learn about the attributes of each plant and take away ideas to create an Autumn Cleansing Ritual for you or your home, kit valued at \$20.



## **NEW** BLOGGING AND PODCASTING FOR BEGINNERS

ONLINE | ROLLING ADMISSION

Ed2Go-5bp-F22 | \$100

Blogging and Podcasting for Beginners will teach you how to plan and create your very own blog and podcast. Through hands-on exercises, you will discover the benefits of using free web tools like Blogger, WordPress, Audacity, and YouTube. 24 hours.

## **NEW** INTRODUCTION TO STOCK OPTIONS

ONLINE | ROLLING ADMISSION

Ed2Go-iso-F22 | \$115

If you've ever wanted to learn how to evaluate, buy, sell, and profit from stocks, this course is for you. By the end of it, you will be armed with investment tools that were once thought to be only for the pros! 24 hours.

## **NEW** STOCKS, BONDS, AND INVESTMENTS: OH, MY!

ONLINE | ROLLING ADMISSION

Ed2Go-sbi-F22 | \$100

Looking for a good solid class in the basics of stocks, bonds, finance, and investing? Learn how to make wise investment decisions so that you have enough money to live comfortably through your retirement. 24 hours.



## NEW CERTIFICATE IN MUSIC THERAPY AND SOUND HEALING

ONLINE | ROLLING ADMISSION

Ed2Go-0mt-F22 | \$50

At a time when people are increasingly turning to holistic methods of healing, music therapy has developed into a powerful and nonthreatening method that can be used successfully with individuals of all ages and disabilities. Sound healing uses vibrational and sound frequencies to promote healing and bring the individual into a state of harmony and health. 8 hours.

## NEW PREPARE FOR GED TEST SERIES

ONLINE | ROLLING ADMISSION

Ed2Go-B9332-F22 | \$199

Lacking a high school diploma no longer has to hold you back in your career aspirations. This test prep course bundle covers the four GED® test modules, with an additional focus on the Mathematical Reasoning portion. By course completion, you will be prepared to take—and pass—the GED® test. 48 hours.

## COMING SOON

Dental Assistant  
Evening Childcare  
Real Estate License  
Rewards Program

## NEW THIS FALL

Gift Certificates  
Wellness Packages  
Evening Restaurant Hours

For more information contact:

Office: 978-345-9200 ext. 5220

Email: [adulthoodeducation@montytech.net](mailto:adulthoodeducation@montytech.net)



### From our Superintendent: Thomas Browne

"For more than 50 years, Monty Tech has fulfilled the role of developing 'the next generation' of skilled workers for the ever-changing workforce needs of Worcester County. Upon graduation, our students are prepared to address the demands of a wide variety of businesses and employers.

However, more recently, Monty Tech has expanded its efforts by extending our resources and vocational excellence to adults seeking to improve their own employability. Clearly, the growing hands-on and skill's based program offerings of our School of Continuing Education, such as Electrical and Phlebotomy, allow our adult students to access meaningful and affordable pathways to a new career!"

### Graphic Designer: Katie Sullivan

"My journey at Monty Tech started at 14 years old when I got my acceptance letter. As a freshman I knew I had to be in Graphics. When I graduated I knew I had to come back as a teacher. Returning as a teacher I knew there was more I could do to help serve the community. It brings me immense joy to be working side by side with the School of Continuing Education as both an instructor and a designer."





SCHOOL OF CONTINUING EDUCATION AT  
MONTACHUSETT REGIONAL VOCATIONAL  
TECHNICAL SCHOOL DISTRICT

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## WE'RE LOOKING FOR INSTRUCTORS!

Monty Tech Continuing Education is looking for talented Adult Education Instructors. We have opportunities within our program to share hobbies or skills with the community. We would love to add instructors to including, but are not limited to:

**Culinary**  
**Dental**  
**Electrical**  
**HVAC / Oil Burner Tech**  
**Medical Assistant (CCMA)**  
**Plumbing**  
**Property Maintenance**

We would be happy to explain instructor responsibilities, expectations and compensation!

## WANT TO PROPOSE A COURSE?

We love expanding our Continuing Education offerings! We welcome your course proposals and an updated resume to [adulthoodeducation@montytech.net](mailto:adulthoodeducation@montytech.net)  
OR Scan the QR code!

Questions? Give us a call!  
978.345.9200 x5220

### Please include:

Your full name  
Email & Phone Number  
Course Title & Description  
How many classes and the dates  
How long classes will run (ex: 5PM - 7PM)  
Required materials/books  
Prerequisites - if applicable

